# Foundation for Phonics 

## 26 Letters (minus 3 superfluous letters, $c, q, x$ ) for 44 Sounds

## 25 Consonant Sounds

## 18 Consonant Pairs

Voiced
1./b/bib
3. /d/ dad
5. /g/ gag
7./z/ zig-zag
9./v/ valve
11./th/ then
13./w/ wayward
15. /j/ jam
17./zh/ treasure
2. $/ \mathrm{p} / \mathrm{pup}$
4. /t/ toot
6. /k/ kick
8. /s/ Sis
10. /f/ fluff
12. /th/ thistle
14. /hw/ whistle
16. /ch/ chick
18. /sh/ trash

6 Consonants called Semivowels:
19. /l/ lull
20./m/ mom
21. $\mathrm{n} / \mathrm{n}$ nun
22. /r/ run
23. $/ \mathrm{y} / \mathrm{yo}$ yo yo
24./ng/ singing

1 more consonant:
25. /h/ his

We have used 19 letters to write 25 consonant sounds: b, c, d, f, g, h, j, k, l, m, n, p, $\mathrm{r}, \mathrm{s}, \mathrm{t}, \mathrm{v}, \mathrm{w}, \mathrm{y}$, and z . Two letters are superfluous, q and x . We have used up 21 of the 26 letters to write 25 consonant sounds.

This leaves us exactly 5 letters - a, e, i, o, $u$ - to deal with 19 vowel sounds.

# The 19 Vowel Sounds 

5 So-called short vowels:
26. /ă/ bag
27. /ě/ beg
28. /1/ big
29. /ǒ/ bog
30. /ǔ/ bug

5 So-called long vowels:

| 31. $/ \overline{\mathrm{a}} /$ mate | $($ ai, ay, eigh, ey $)$ |
| :--- | :--- |
| 32. $/ \overline{\mathrm{e}} /$ mete | $($ ee, ea) $)$ |
| 33. $/ \overline{\mathrm{I}} /$ mite | $(y, y e$, igh $)$ |
| $34 . / \overline{\mathrm{o}} /$ mote | $($ oa, oe, ow $)$ |
| $35 . / \overline{\mathrm{u}} /$ mute | $($ u_e, ue, ew $)$ |

3 diphthongs:
36. /au/ Paul, crawl
37./ou/ spouse, cow
38. /oi/ noise, boy

2 sounds for oo, short and long:
39. /厄o/ push, whoosh
40. / $\overline{\mathrm{oo}} /$ Rube, boob

1 sound of $a$ in $m a$ :
41. /â/ pa, ma; bar, car
$\underline{2 \mathrm{r} \text { sounds: }}$
42. /air/ Fair heirs dare swear.
43. /ûr/ Girls prefer fur.

All purpose muttering vowel: shewa.
44./a/ drama, item, devil, button, circus, about

25 Consonant Sounds +19 Vowel Sounds $=44$ Speech Sounds spelled with 26 Letters
This Foundation for Phonics Chart was developed by Donald L. Potter from Dr. Rudolf Flesch's discussion, "What is Phonics" in Why Johnny Can't Read and what you can do about It. This chart was prepared on $9 / 22 / 04$, published on the Internet on $11 / 3 / 04$, and revised on $1 / 27 / 22$. The 72 Exercises Dr. Flesch developed for teaching students to read the 44 speech sounds using the 26 letters of the alphabet can be found in the last half of his book. Other information on phonics reading instruction can be found on the Education Page of my web site: www.donpotter.net.

## Two Difficulties of Our Alphabet System and Our System of Spelling:

1. We have half as many letters as we have sounds - which means that half the symbols a student has to learn consist not of one letter but two - like $a y, e a, s h, c h$, and so on.
2. Our most important single letters are used to spell two or more entirely different sounds, namely, the five vowels, $a, e, i, o, u$, and the consonants $c$ and $g$.

Therefore,
if you want to teach a student to read without utterly confusing him or her, you have to start with single letters that stand for single sounds, then go on to sounds spelled by two-letter or three-letter combinations, and finally teach him or her that some letters do not spell one sound but two.

## The Catch:

You can't teach a student to read without letting him read words. And every word in English has a vowel. So you have to start with teaching the student the letters $a, e, i, o, u$ in spite of the fact that each of them spells a long and a short vowel. The only way to solve this problem is to begin by teaching the student only the five short vowels (which are far more common than the long ones) and postpone the long vowels until a much later stage.

The Natural Sequence of any phonics method is:
Step One: The five short vowels and all consonant spelled by a single letter.
Step Two: Consonants and consonant combinations spelled with two or three letters.
Step Three: Vowels and vowel combinations spelled with two or three letters.
Step Four: The five long vowels: (vce, cv/vvc, $\mathrm{y}=\overline{\mathrm{e}})$.
Step Five: Special Endings.
Step Six: Irregular Spellings.
See pages 27 through 32 of Rudolf Flesch's Why Johnny Can't Read and what you can do about it for detailed instructions on teaching students to read from the "sounds" using the Six Steps of the Natural Phonics Primer. This is the natural sequence based on our imperfect system of spelling. For helpful instruction on how to teach Flesch's method, see my free Audio Instruction for Teaching Rudolf Flesch's Natural Phonics Primer ${ }^{\mathrm{TM}}$ on my website www.donpotter.net.

# Five Steps of the Natural Phonics Primer ${ }^{\text {TM }}$ 

Step 6

|  |  | Step 5 | Irregular Spellings |
| :---: | :---: | :---: | :---: |
|  | Step 4 | Special Endings |  |
| Step 3 | Long Vowels vce, cv/vcc, $--\mathrm{y}=\overline{\mathrm{e}}$ |  |  |

$\begin{array}{ll}\text { Step } 2 & \text { with } 2 \text { or more }\end{array}$ letters

Step 1
Consonant
Blends

Short vowels and
19 Consonants
\& ck
"These Six steps occur in all phonics systems of teaching a child to read English. There are some so-called phonics readers on the market that do not follow this pattern, but they can hardly be called phonic by any proper definition of the word" (Flesch 27).

Dr. Flesch's words ring as true today, sixty-seven years after they were written, as they did in 1955. His method is as effective today as it was then. Tens of thousands of children learned to read with his 72 Phonics Exercises, the same is happening today as more and more parents and teachers experience the power of what I like to call, Rudolf Flesch's Natural Phonics Primer.

Step 4 is in bold to indicate that when they complete that step most will be able to begin free reading of anything within their vocabulary ability.

My own personal success with Dr. Flesch's Six Step Natural Sequence convinces me that Flesch's method is highly effective for beginning and remedial reading instruction.

Donald Potter, Odessa, TX - Revised December 17, 2012. Corrected July 24, 2018 \& Jan. 26, 2022. (I split Flesch's Fourth Step after Exercise 50 to make Six Steps. I did this for linguistic and pedagogical reasons.)

# Instructional Sequence 

of The Natural Phonics Primer

## Stage I: Beginning (Blending \& Spelling)

Step One: The five short vowels and all consonant sounds spelled by a single letter and ck. Exercises 1-12

Step Two: Consonants sounds spelled with two or three letters. Exercises 13-23

## Stage II: Intermediate (Independent Reader)

Step Three: Vowels sounds spelled with two or three letters. Exercises $24-39$
Step Four: The five long vowels: (vce, cv/vcc, y=/e/). Exercises 40-50

Stage III: Advanced (Advanced Reader \& Speller)
Step Five: Special Endings. Exercises 51-59
Step Six: Irregular Spellings. Exercises $60-72$

## Three Concept and Four Skills

## For Fluent Reading

| 3 Concepts | 4 Skills |
| :---: | :---: |
| 1. $1,2,3$ or 4 letters can spell a sound .... $\begin{array}{ll} \text { up } & -\underline{\mathrm{u}} \\ \text { tea } & -\underline{\text { ea }} \\ \text { earn } & -\underline{\text { ear }} \\ \text { weigh } & \underline{\text { eigh }} \end{array}$ | 1. Segmenting $\mathrm{lad}=/ \mathrm{l} / / \mathrm{a} / / \mathrm{d} /$ |
| 2. Some sounds can have several different spellings..... $\begin{aligned} & \text { feet }-\underline{\text { ee }} \\ & \text { team } \\ & \text { chief } \\ & \text { co }-\underline{\text { ie }} \\ & \text { she } \\ & \text { happy } \\ & \text { haxi } \\ & \text { taxi } \\ & \hline \text { - } \end{aligned}$ | 2. Blending $/ \mathrm{l} / \mathrm{a} / / \mathrm{d} /=\operatorname{lad}$ |
| 3. Some spellings can represent many different sounds..... <br> chip <br> school <br> machine | 3. Phoneme Manipulation <br> pan $\rightarrow$ plan (addition) <br> pan $\rightarrow$ an (deletion) <br> pan $\rightarrow$ pat (substitution) |
|  | 4. Multi-syllable backstop $=$ back-stop professional = pro-fes-sion-al |

Adapted from an Online EBLI workshop with Nora Chahbazi in 2017.

